

# BUTTERFLY NECTAR AND HOST PLANTS

## BUTTERFLY NECTAR PLANTS

Latin Name	Common Name	Type	Bloom Time
Allium	Flowering onions	P	E
Asclepias	Milkweeds	P	M
Asters	Asters	P	L
Buddleia	B utterfly bush	Sh	ML
Centranthus	Valerian	P	EML
Cosmos	Cosmos	A	EML
Coreopsis	Tickseed	P	ML
Echinops	Globe thistle	P	ML
Echinacea	Coneflowers	P	ML
Eupatorium	Joe-Pye weed	P	L
Helenium	Sneezeweed	P	ML
Ipomoea sloteri	Cardinal Climber Vine	A	ML
Lantana	Lantana	A	EML
Liatris	Blazing star	P	M
Monarda	Bee balm	P	M
Nepeta	Catmint	P	EML
Penta	Penta	A	EML
Phlox	Phlox	P	ML
Pycnanthemum	Mountain mint	P	M
Rudbeckia	Black-eyed Susan	P	ML
Salvia	Sage	P	EML
Solidago	Goldenrod	P	L
Sedum	Stonecrop	P	L
Verbena	Vervain	A	EML
Vernonia	Ironweed	P	L
Zinnia	Zinnia	A	EML



P-Perennial, A-Annual, Sh-Shrub      E-Early, M-Midseason, L-Late

Hopkinton Garden Center  
93 East Main Street  
Hopkinton MA, 01748  
508-435-3414

Chelmsford Garden Center  
160 Pine Hill Road  
Chelmsford MA, 01824  
978-349-0055

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# SOME COMMON MASSACHUSETTS BUTTERFLIES AND THEIR CATERPILLAR HOST PLANTS

American Copper	Sorrel, Curled Dock ( <i>Rumex</i> spp)
American Lady	Pearly Everlasting ( <i>Anaphalis</i> ), Pussytoes ( <i>Antennaria</i> )
Cabbage White	Mustards, Cresses, Cabbage, Broccoli
Eastern Comma	Nettles, False Nettle, Am. Elm, Hops
Eastern Tailed-Blue	Legumes, including Clovers and Vetches , Lespedeza
Fritillary	Violets ( <i>Violas</i> )
Monarch	Milkweeds ( <i>Asclepias</i> )
Painted Lady	Thistles ( <i>Cirsium</i> ), Mallows ( <i>Malva</i> ), Pearly Everlasting
Pearl Crescent	Asters
Red Admiral	Nettle ( <i>Urtica</i> ), False Nettle ( <i>Boehmeria</i> ), Hops ( <i>Humulus</i> )
Skippers	Grasses ( <i>Schyzachyrium</i> , <i>Panicum</i> ), Sedges ( <i>Carex</i> )
Spring Azure	Blueberry ( <i>Vaccinium</i> ), Black Cherry ( <i>Prunus serotina</i> )
Black Swallowtail	Dill, Parsley, Rue, Queen Anne's Lace, Bronze Fennel
Pipevine Swallowtail	Dutchman's Pipe ( <i>Aristolochia durior</i> )
Spicebush Swallowtail	Sassafras, Spicebush ( <i>Lindera benzoin</i> )

